

laugh out loud

I'm tall when I'm young and
I'm short when I'm old.

What am I?
Answer: A candle

Why did Adam and Eve do math every
day?

Answer: They were told to be
fruitful and multiply.

*Forget the former things; do not dwell on the past. See, I am doing a new
thing! I am making a way in the wilderness and streams in the wasteland.
Isaiah 43:18-19*

new days ahead

AWESOME.

anything is possible

**Many thanks to our
editors and designers
for putting together this
amazing 1st issue of SSB!**

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BUZZ



Munro Academy

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Volume 1

R/Evolution: Becoming ME in 2023



editorial team

The R/Evolution is here! This long anticipated first issue of Munro Academy's school newspaper explores the exciting and opportunity-filled topic of student growth in 2023. We are pleased to present: R/Evolution: Becoming Me in 2023

This issue is nearly completely composed of pieces submitted by students sharing their own opinions and experiences related to the theme. The featured works will include student-created and/or selected writing, art, words of the year, riddles, and Bible verses.

The editorial team wishes to express its thanks to all of the students who worked so hard on each of their wonderful and unique contributions, and to give its congratulations to Naomi Barrett for her name suggestion of Small School Buzz.

Furthermore, we wish to point out the significance of the R/Evolution theme here in particular at Munro Academy, through God's word to us in Romans 12:2:

"Do not conform to the pattern of this world, but be transformed by the renewing of your mind."

In light of this edition's theme, let us be inspired to seek the positive transformation of our minds this year at Munro Academy!

ARTIST'S CORNER



Persist - Saralyn

I chose the word "persist", because **persistence is the key** to keeping a **resolution**. The first part of keeping one is being **reasonable** in the **goals** you set for yourself, but once you're into it, you just have to **persist**. **Persistence can** mean trying super hard and not letting yourself mess up, but if that's how you look at it, it's easy to get discouraged when you mess up. **Persistence should mean trying your best**, with the knowledge you will almost surely make mistakes but to **determinedly pursue your goal** anyway.

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!
Corinthians 5:17

BITS & PIECES

Rhoda - New Year

things I plan to do differently this year

New year, new beginning. This year I plan to make an annual to-do list and tick off each task that has been completed to enjoy a full sense of accomplishment. Get rid of bad living habits and stop invisible self-depletion.

ways that I plan to give back this year

Give myself a small gift to reward myself for struggling this year. And go outdoors more, get in touch with nature, feel the warm winter sun, and experience purity and beauty in tranquility. Get in touch with nature to relax.

ways that I can help my family and others

Call my parents more and give them more care

ways that I can be a blessing

Don't be too indifferent, when you walk on the road, you want others to say hello. Give others and yourself a positive good mood.

ways that I am becoming a WORLD CHANGER

day with a smile, when you smile, you will find that the world is becoming better .

Si Yoon Kim - Lifestyle Changes

Ways that I can do differently this year :

Need to change everyday life,
Make plans to go somewhere with my friends.
Need to do something on school day,
Talking with friends, working together.
This makes me better person,
And it might change my life.
We should change my living style,
For my future.

our parents love us unconditionally...

How To Be A Good Child - Aphoro

In spite of being a good listener, it is not good enough to maintain the father-son, mother-daughter relationship. You should arrange family meetings just for chatting. Conversations are important. The more the family communicates the less you suffer and the better you feel about everything around the family. The meeting can be information sharing, advice-giving or just venting. Through the conversation, you might get to know your parents more, and figure out what your parents really want.

Even though the conversations might be tricky sometimes, they are worth it as good communication can really bring benefits to the whole family. It can fix the problems that you avoided talking about before, it can improve the relationship between you and your parents and it can also make the future conversation easier.

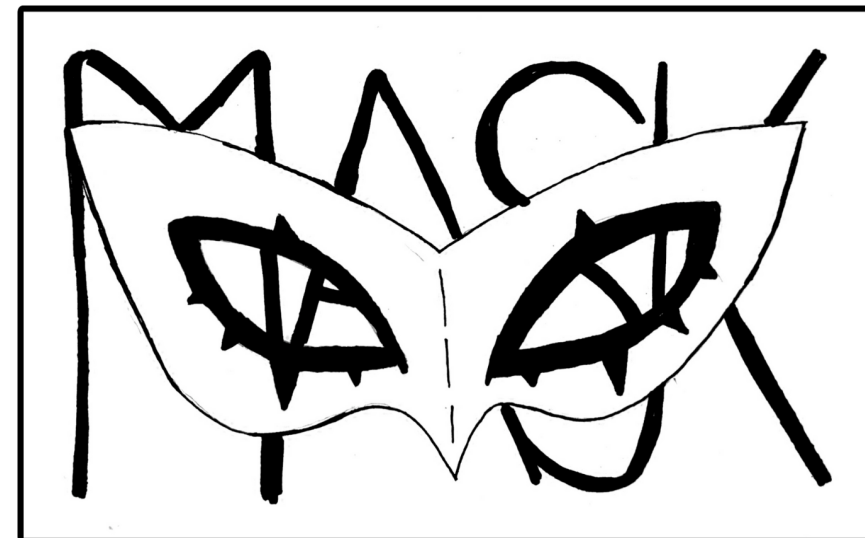
Our parents give us unconditionally, no matter if it is love, support or anything. They spend their whole life protecting us, raising us and making us what we are today. Therefore, we have an even greater responsibility as a child to listen to our parents, respect them, be disciplined, be grateful for their dedication and hard work, and love them back. And this is the key to how to be a good daughter or son. Family, people that are related by marriage, blood, adoption that live together as a unit. Families are always supportive and full of love and care, our parents are the one who take good care of us, considering us no matter what. We should respect them as they taught us how to be a moral person, we took our first step by holding their fingers. There are countless things that they did and sacrificed for us and we will never be able to pay back all of those favors they did to us. Still, we can be pleasant and respectful in the family.

Taking care of your parents is one of the expressions of love and respect. We should always find out our parents' needs and wishes like what they did while raising us. We should always be a good listener, when they feel down, listen to their concerns; give them suggestions and comfort. When they have something amusing to share, always put your phone away, focus on what they are saying. Being a good listener is hard, but listening creates a feeling of respect, connection and goodwill. If you want to be a good listener, try to focus on your parents' words and not what you want to say next. Imagine when you and your parents are having an argument, if you keep sharing your opinion and interrupt others, this might create more intense arguments.

Therefore, being a good listener is always important in the family, your parents know that you respect them and it can certainly reduce arguments between you and your parents.



Change - Abigail Fenton



Mask - Anonymous

and accept who we are. Finding out who I am was extremely difficult, however; accepting who I am? That's going to be even more challenging. My resolution for 2023 is to rip off my mask, and accept who I am as a person.

A MASK.... something we all wear, whether we like it or not. Society forces every single one of us to wear a mask, to protect our inner vulnerabilities, so we don't have to confront them.

So we can hide away. But we must all confront who we truly are. We must discard our masks,

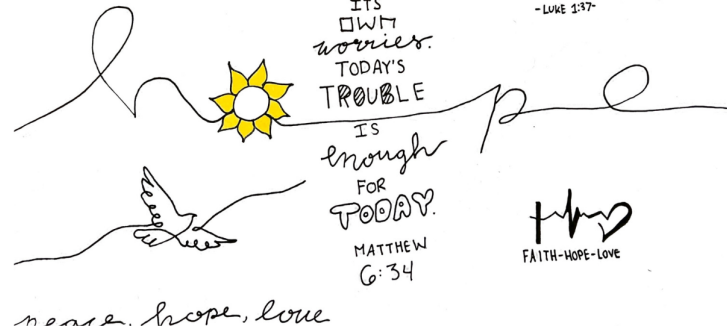


Hello Peace
Hello Joy
Hello Love
Hello strength
Hello hope
It's a new horizon

DO NOT WORRY ABOUT tomorrow, FOR tomorrow WILL BE BETTER ITS WITH WORRIES. TODAY'S TROUBLE IS ENOUGH FOR TODAY.
MATTHEW 6:34

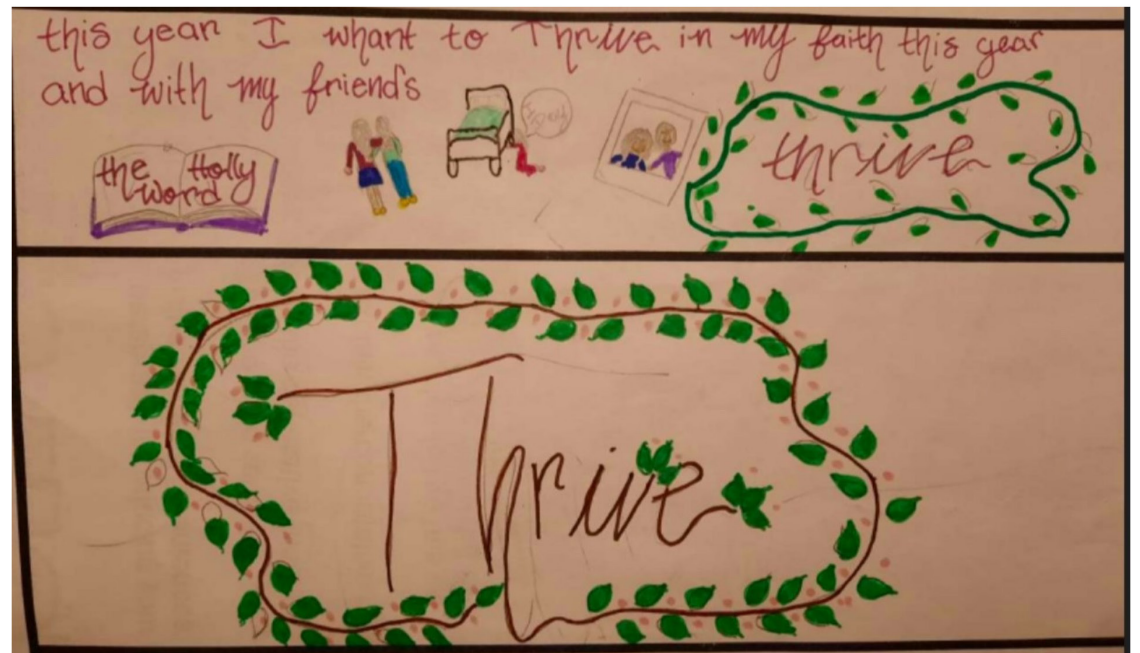
FAITH IT DOES NOT MAKE things easy. IT MAKES THEM POSSIBLE.
- LUKE 17:7

FAITH-HOPE-LOVE



Bekah Barrett

Elsie Suk



Om Ware



Ella Aigbe

TO DO LIST
- Try to make people happy
- Be happy
- Be nice
- Be welcoming
- Smile, and try to make others smile
- Be an AMAZING person!

This is how I want certain scenarios to look.
I'm sad because...
I feel so...
I want to help people because people helped me.
I think after doing this for a year, people are going to be a lot happier & lively, all because of how I person acted towards them.

AMAZING!

People I've been amazing to. All smiling.

friends or other

Growth: the act or process of growing; a manner of growing; development; gradual increase.
Change is inevitable growth is optional. - John Maxwell

can't you see that it was never about the finished item. It was about what you learned along the way. It was all just a way to help you...
If we are growing, we are leaving our comfort zone.
- John Maxwell

grow

Growth takes place when you seek grace + knowledge
2 Peter 3:18

Whatever Makes You Uncomfortable Is Your Biggest opportunity for Growth ~ Bryant H. McGill

Taylor Brown